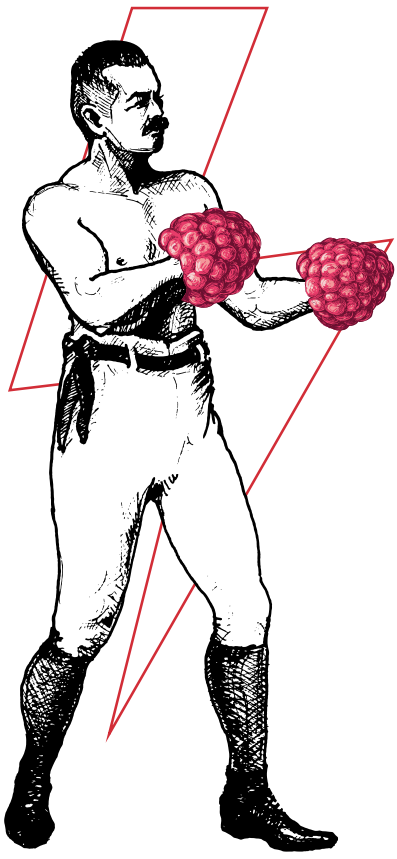
LAMUCCA



ORGANIK
BREAKFAST

BREAKFAST TIMES
8:30 a.m to 12:30 a.m

The best way to start the day is with a good healthy and balanced breakfast. The ideal breakfast should include: Fiber, Vitamins and minerals, Proteins and Carbohydrates. The ideal breakfast should be varied but in the right quantities.
Remember that breakfast helps us start the day with the necessary energy to face the day.

BREAKFAST BETTER, BREAKFAST HEALTHY.

BREAKFAST

All breakfasts include coffee or tea.
Add orange juice for 0,5 €

1.	**SOURDOUGH BREAD TOAST** with butter & jam or tomato and olive oil	**3,5 €**
2.	**HOMEMADE SPONGE CAKE**	**3,5 €**
3.	**HOMEMADE CUPCAKE**	**3,5 €**
4.	**IBERIAN HAM TOAST**	**5,0 €**
5.	**SALMON, DILL & CREAM CHEESE TOAST**	**5,0 €**
6.	**AVOCADO TOAST**	**5,0 €**
7.	**TOAST WITH MANCHEGO CHEESE**	**5,0 €**
8.	**WITH ROSEMARY AND QUINCE**	
9.	**SCRAMBLED EGGS WITH TOAST**	**5,0 €**
10.	**IBERIAN HAM AND CHEESE SANDWICH**	**5,0 €**
11.	**GRANOLA** with crunchy spelled,strawberry yogurt and fresh fruit	**6,5 €**
12.	* **Add a DETOX JUICE to your breakfast** with spinach, pineapple, orange, apple & ginger	**4,0 €**